

ScentCare: A Novel At-Home Olfactory Training and Testing Device

Team: Katherine Ceraso, Rishima Mukherjee, Isabella Ferrara, Aryaman Shodhan, Matthew Zhao, Yagmur Ozturk, Mili Ramani, Angela Sadlowski

Teaching Assistant: Antony Fuleihan; **Faculty Mentor:** Constanza Miranda, PhD; **Clinical Mentor:** Nicholas Rowan, MD

PROBLEM:

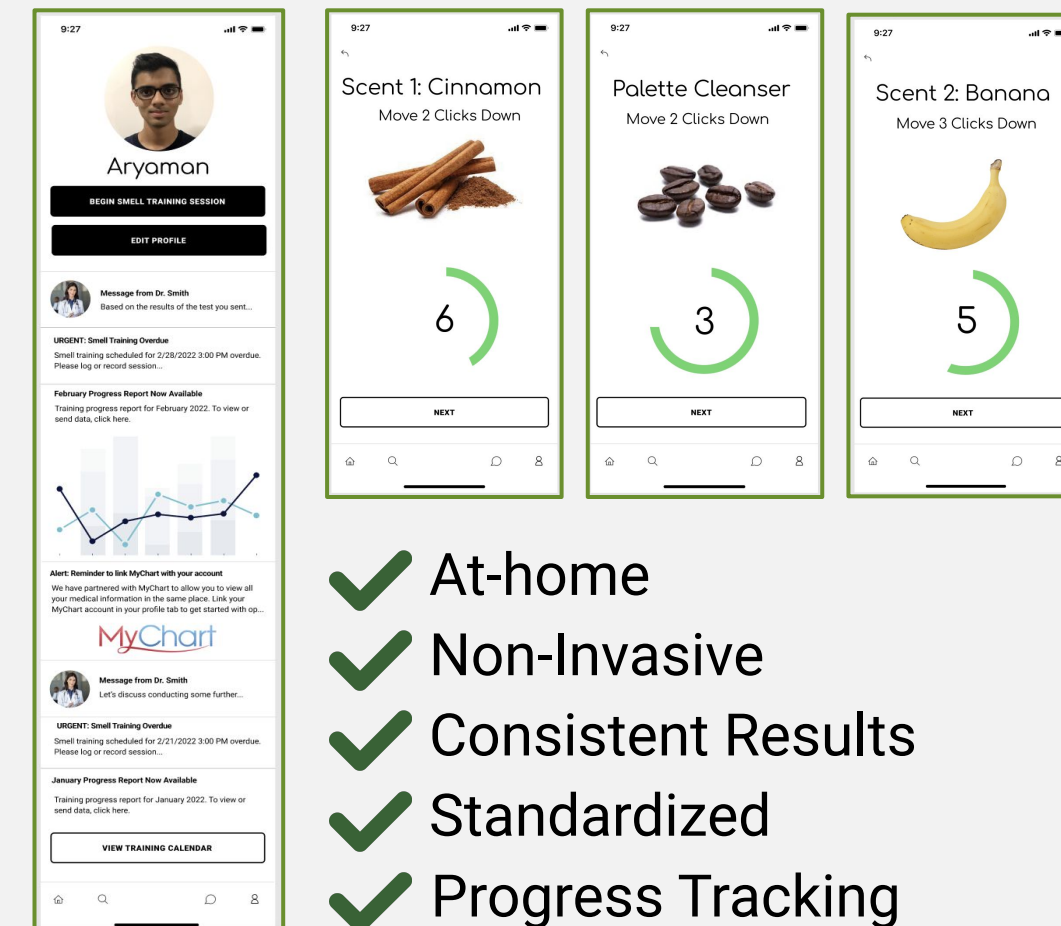
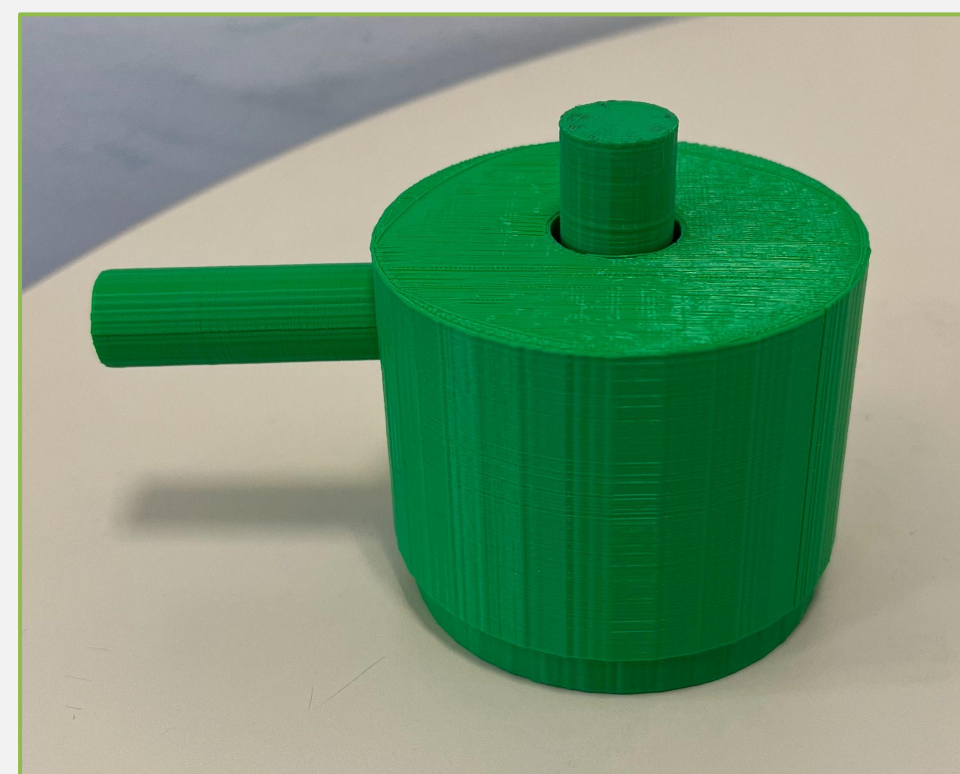
OLFACTORY DYSFUNCTION

OD is defined as the **reduced** or **distorted** ability to smell when sniffing

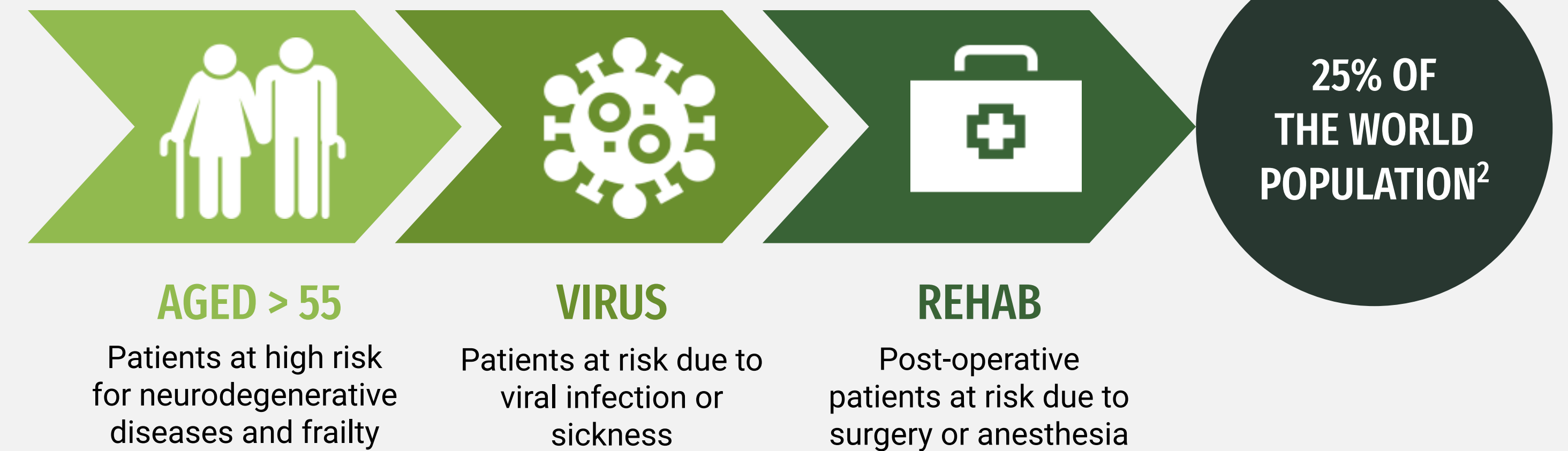


NEED: Physicians need a **consolidated at-home method for screening and training olfactory function** across their patients in order to aid in the differential diagnosis of conditions in which olfactory dysfunction is a symptom.

OUR DEVICE:



AFFECTED GROUPS:



PROPOSED SOLUTION:

NEUROPLASTICITY

The neuronal reorganization after sensory loss, meaning that **neurons can regain function** after damage, disease, infection³

OLFACTORY TRAINING

Deep inhalations of a set number of odors several times a day for a prolonged period of time³

IMPROVED SENSE OF SMELL

1. Increased expression of olfactory receptor
2. Improved olfactory receptor neurotransmission

REFERENCES:

- [1] Boesveldt, S., & Parma, V. (2021). The importance of the olfactory system in human well-being, through nutrition and social behavior. *Cell and Tissue Research*, 383(1), 559–567. <https://doi.org/10.1007/s00441-020-03367-7>
- [2] Hummel T, Whitcroft KL, Andrews P, et al. Position paper on olfactory dysfunction. *Rhinology*. 2016;56(1):1-30. doi:10.4193/Rhin16.248
- [3] Reichert, Johanna L., and Veronika Schöpf. "Olfactory Loss and Regain: Lessons for Neuroplasticity." *The Neuroscientist* 24, no. 1 (February 2018): 22–35. <https://doi.org/10.1177/1073858417703910>.